

## **Dr. Rebecca Quicke**

BSc (Hons), D. Clin.Psy, CPsychol, AFBPsS,  
Registered Clinical Psychologist

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### **Qualifications**

- 2005 – D.Clin.Psy. The University of Manchester
- 2000 – BSc (Hons) Psychology (1st class) Northumbria University Newcastle

### **Formal Training**

- 2015 – BPS Expert witness training - 4 day programme
- 2013 – Theraplay Level 1
- 2010 – Dyadic Developmental Psychotherapy Level 1
- 2008/9 – Foundation Level in Family Therapy (distinction)
- 2007 – Multi-Dimensional Treatment Foster Care (MTFC-E)
- 2006 – Parent Child Game (PCG)
- 2005/6 – Clinical Psychologists Supervisors Training
- 2005 – Webster Stratton Incredible Years

### **Professional Membership**

Practitioner Psychologist registration with the Health Professional Council. Reg: PYL02176  
Full Membership of the British Psychological Society Membership number: 92233  
Full Membership of the Division of Clinical Psychology

### **Client groups**

- Children and adolescents (0-18 years) presenting with emotional, behavioural, learning, health and social difficulties.
- Looked after children and young people
- Adopted children and young people
- Parents, birth and adoptive
- Foster Carers

### **Areas of expertise include:**

#### **Assessment**

- Assessment for children, adolescents and their Parents/Carers of the full spectrum of mental health difficulties including anxiety, depression, family functioning difficulties, early attachment difficulties, separation and loss
- Assessment of children and adolescents within the context of early developmental trauma, abuse and neglect and subsequent individual and relational difficulties.
- Assessment within child protection services and the family justice arena including family functioning and attachment relationships, sibling attachment, contact arrangements, birth family rehabilitation and care planning.
- Psychological assessments of Foster Carers within the initial approval and matching processes

#### **Formulation**

- Specialist Psychological formulations to inform focused therapeutic interventions and care planning
- Extensive working knowledge and use of Psychological theories to inform work including attachment, behavioural, cognitive, systemic models

#### **Interventions**

- Cognitive Behavioural Therapy
- Attachment based therapies – Dyadic Developmental Psychotherapy, Theraplay, PCG
- Family Therapy
- Parenting work
- Emotional regulation, mindfulness and skills based work
- Packages of treatment foster care Multi-Dimensional Treatment Foster Care model

- Group interventions including Webster Stratton Incredible Years and attachment based training packages

### **Consultation**

- Local Authority Children's Services and systems
- Education and health systems

### **Supervision**

- Clinical Psychologists and non-psychology therapeutic workers

### **Training**

- Professionals, Residential services, Foster Carers and Parents on full array of topics within the area of child and adolescent mental health and family functioning

### **Research, service development, audit and evaluation**

- CAMHS & Local Authority Services for Looked After and Adopted children including Therapeutic Fostering and Residential services

## **Employment History**

- **March 2015 – current**

Clinical Director

Independent Clinical Psychology Service

Providing specialist Clinical Psychology services for children, adolescents and families /carers including looked after and adopted children.

- **July 2010 – March 2015**

Senior Clinical Psychologist

Salford CAMHS-LAAC, Central Manchester and Manchester Children's Foundation (CMFT) NHS Trust

Lead in the service development and provision of a specialist Clinical Psychology service within a multi-agency long term therapeutic fostering team including specialist assessments, formulations and interventions, care planning and extensive consultation to the multi-agency team and wider social care systems. Panel member on the Salford City Council Fostering panel.

- **September 2009 – July 2010**

Senior Clinical Psychologist

SUSTAIN Looked After Children Service , Staffordshire Combined Healthcare NHS Trust

Lead in the service development, delivery and evaluation of a pilot Multi-Agency service model for Adolescent Residential Services for Looked After Children. Senior clinician within a specialist CAMHS-LAAC team, training and interventions with foster and adoptive families.

- **November 2007 – September 2009**

Senior Clinical Psychologist/Birth Family Therapist

Salford Therapeutic and Referral service for Looked After Children (STARLAC) / 3D Multi-Dimensional Treatment Foster Care (MTFC-E), CMFT NHS Trust

Intensive interventions and consultation within a treatment team for Looked After Children. Working with foster carers and birth family members to help rehabilitate young people home or transition into long term care. Risk assessments within the context of high complexity. Psychological assessments regarding placement planning.

- **October 2005 – November 2007**

Clinical Psychologist

North Manchester CAMHS/Manchester CAMHS-LAC, CMFT NHS Trust

Independent care co-ordination, consultation and training within community CAMHS & specialist CAMHS for Looked After Children service in Manchester.